



2026

INFORMATION PACK

*In this information pack, you will find everything you need to know for Acro With Amy Classes.
We are sure your dancer will love these classes as much as we love teaching them!*

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Timetable

Mondays

Time	Level	Class Description	Age	Teacher	Studio
3:45pm - 4:30pm	Acro Level 1	Beginner Acro	5+ Years	Lauren	1
4:30pm - 5:15pm	Acro Level 2	Experienced Beginner Acro	7+ Years	Lauren	1
5:15pm - 6:00pm	Acro Level 3	Intermediate Acro	7+ Years	Lauren	1
4:00pm - 6:00pm	Semi Privates	Taking Expressions of Interest	5+ Years		2

Tuesdays

Time	Level	Class Description	Age	Teacher	Studio
3:30pm - 4:15pm	Acro Level 2	Experienced Beginner Acro	7+ Years	Amy	6
4:15pm - 5:00pm	Acro Level 1	Beginner Acro	5+ Years	Amy	6

Wednesdays

Time	Level	Class Description	Age	Teacher	Studio
3:15pm - 3:45pm	Tiny Tumblers	Pre School Acro & Dance	2.5 - 5 Years	Amy	1
3:45pm - 4:30pm	Acro Level 2	Experienced Beginner Acro	7+ Years	Amy	1
4:00pm - 4:45pm	Acro Level 1	Beginner Acro	5+ Years	Sam	6
4:30pm - 5:15pm	Acro Level 3	Intermediate Acro	7+ Years	Amy	1
5:15pm - 6:00pm	Teen Acro	Open Acro	13 + Years	Amy	1

Thursdays

Time	Level	Class Description	Age	Teacher	Studio
3:15pm onwards	Semi Privates	Taking Expressions of Interest			2
4:00pm - 4:45pm	Acro Level 2	Experienced Beginner Acro	7+ Years	Lauren	1
4:45pm - 5:30pm	Acro Level 3	Intermediate Acro	7+ Years	Lauren	1
5:30pm - 6:15pm	Acro Level 4/5	Intermediate/Advanced Acro	Open Age	Amy	1
6:30pm - 7:15pm	Lyrical Acro	Intermediate	7+	Amy	1

Saturdays

Time	Level	Class Description	Age	Teacher	Studio
10:00am - 10:30am	Tiny Tumblers 1	Pre School Acro & Dance	2.5 - 3.5 Years	Sam	6
10:30am - 11:15am	Acro Level 1	Beginner Acro	5 - 7 Years	Sam	6
11:15am - 11:45am	Tiny Tumblers 2	Pre School Acro & Dance	3.5 - 5 Years	Sam	6
11:45am - 12:30pm	Acro Level 2	Experienced Beginner Acro	7+ Years	Eva	6
12:30pm - 1:15pm	Acro Level 3	Intermediate Acro	7+ Years	Eva	6

Time	Level	Class Description	Age	Teacher	Studio
10:30am - 11:15am	Acro Level 2	Experienced Beginner Acro	7+ Years	Amy	1
11:15am - 12:00pm	Acro Level 3	Intermediate Acro	7+ Years	Amy	1
12:00pm - 1:00pm	Block Course	4 Week Course - Skill Changes Montly	7 + Years	Amy	1
1:00pm - 1:45pm	Acro Level 4	Intermediate/Advanced Acro	Open Age	Amy	1
1:45pm - 2:30pm	Acro Level 5	Advanced Acro & Variations	Open Age	Amy	1

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Meet the Teachers



AMY POTTS | OWNER & PRIMARY TEACHER

Amy holds a Premiere Master ADTA Certification, Acrobatic Arts Certification, Alixa Flexibility Certification, Bachelor of Music Theatre and Diploma in Business and Event Management

She's an experienced dancer, singer and actor, having performed in 50+ productions since the age of 6. She has trained in RAD Ballet, NZAMD Jazz and Contemporary, Irish, Tap and Musical Theatre. An experienced choreographer, she frequently choreographs for musicals and dance productions. Her international performance and teaching credits include Disneyland, Los Angeles and American Summer Camp where she taught acro, dance and singing to American and International campers. She is incredibly grateful to her wonderful team of teachers and assistants and finds huge reward in teaching her AwA students each week.



LAUREN POPHAM

Lauren has been dancing for 15 years, training in many styles including jazz, ballet, hiphop, contemporary and acro. She has trained in dance schools in Blenheim and Christchurch. Lauren completed her Solo Performance Diploma in Jazz in 2022 and holds her ADTA Associate Teacher Certification.

She has been assisting in teaching dance classes for the past 4 years. She has a huge passion for dance and looks forward to teaching students in classes



SAMANTHA FOSTER

With a great love for dancing, Sam has participated in numerous competitions with her team in New Zealand & Australia. She has been dancing for around 9 years now and couldn't imagine her life without it.

Having completed her ADTA Associate Teacher Certification in 2023, Sam is very excited to be both assisting and teaching her own classes, as well as participating in the Level 5 class. Sam wishes to pass her knowledge on to the next generation of dancers. She is incredibly appreciative of Amy for giving her the chance to do so by giving her the opportunity to assist acro.



EVA LOOSE

Eva holds an associate teacher ATDA certificate and is looking forward to passing on her knowledge and skills.

Eva is a competitive dancer and has been dancing since she was 3 years old. She trains in Jazz, Ballet, Contemporary, Hip Hop, Lyrical, Musical Theatre and Acro. Eva has an incredible passion for dance and thoroughly enjoys teaching and assisting Acro with Amy classes each week!

Teaching Assistants

Read more about our assistant teachers on the home page of our website



Alydia Murray



Brian Clark



Eva Fleck



Lexi Ganer



Poppy Brown



Belle Hanson



Eloise Cody



Payton Hutchinson



Elsie Caygill

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Term Fees & Conditions of Participation

ONE CLASS

\$140.00

incl GST per term

TWO CLASSES

\$240.00

incl GST per term

THREE CLASSES

\$335.00

incl GST per term

CASUAL

\$20.00

. GST per lesson

TINY TUMBLERS CLASS

\$95.00

incl GST per term

TERM FEES

- Term fees are inclusive of GST.
- Term fees must be paid *in full* before the beginning of the term to participate in classes unless a payment plan has been arranged.
- Fees are payable within 7 days of receipt of invoice, and any late payment without prior communication will incur an additional 10% charge. Continued non-payment without communication will result in your child needing to sit out of class and may result in your outstanding fees being referred to a debt collection agency, during which process any fees will be passed on to you.
- Additional late fees will be added every 10 days your account remains unpaid.
- All weekly or instalment payments must be completed before the last class of each term. Any payments not completed by then will have the standard late fee of 10% of the original invoice total added to their account.
- *Refunds are not available* if your child pulls out halfway through the term, or if they miss any lessons due to other commitments, injury illness or any such reason. They may attend a catch-up class if space allows for it.

FEE BREAKDOWN

Classes Per Week	Fee	+ GST
1 Class	\$121.74	\$140.00
2 Classes	\$208.70	\$240.00
3 Classes	\$291.30	\$335.00
Tiny Tumblers	\$82.61	\$95.00

FAMILY DISCOUNT:

First sibling full price - whichever sibling participates in the most classes, if applicable.

Second sibling 5% off term fee.

Third sibling 10% off term fee.

MISSED CLASSES/CATCH-UP CLASSES

If a student misses a class due to illness or another commitment and another day/time of the same level is offered, then they may attend a different class as a catch-up. This option may be used a *maximum* of twice per term and it is the responsibility of the parent to reach out to Amy to arrange this. It *must be arranged before the day* to ensure there is space in the class and so that a record can be kept of a attendance.

CASUAL & TRIAL CLASSES

\$20.00 + GST Per Lesson for 45 minute classes

\$15.00 + GST Per Lesson for 30 minute classes

Terms and Conditions:

- Casual payment is an option *only* for those students who can attend 5 or fewer lessons in a term and **MUST** be pre arranged prior to the beginning of term.
- Casual payment is not available for those who will only miss one to three lessons due to other commitments or illness. They will still pay the full fee to reserve their space in the class as priority enrolment is given to those students who can attend and enrol for the full term.
- Late-term enrolment is available if the class has space. If a student joins *after* the 3rd week of the term then they will be charged the casual rate for *all* remaining weeks of term.
- Sibling discounts do not apply to casual rates.

WITHDRAWING FROM CLASSES:

Enrolments carry over between terms during the year. If you do not wish to return for the following term you *must* inform Amy by the following dates prior to the commencement of term. If you fail to do so and only inform Amy the week before or week of, you will be charged a \$50 cancellation fee. Nearly all of our classes are full and new enrolment requests may be turned away as your child's spot is saved between terms. If you do not give us adequate time to fill the spot by advertising or reaching out to waiting lists in time, you will be asked to partially cover this loss for notifying us too late of your wish to withdraw.

Final Date for Withdrawal - First Friday of each School Holiday.

Term 2 Class Withdrawal Notification: Friday 10th April.

Term 3 Class Withdrawal Notification: Friday 10th July.

Term 4 Class Withdrawal Notification: Friday 2nd October.

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2026 Term Dates

Our classes run on an 8-week term. This means that in terms that are longer than 8 weeks, we will start or finish earlier or later than the school term.

Classes run on an 8-week term so that private lessons may be offered to students on their regular class day in either the first or final week of the school term. Lessons are not frequently available during the term due to Amy's limited availability. More details on this can be found on page 8.

Please take note of these dates as they may vary from other dance studios and schools.

<p>Term 1</p> <p>Saturday 7th February - Thursday 2nd April</p> <p><i>8 lessons per class</i></p>	<p>Term 2</p> <p>Monday 27th April - Monday 22nd June + Saturday 27th June</p> <p><i>8 lessons per class</i> <i>*Public Holiday - see below</i></p>	<p>Term 3</p> <p>Monday 27th July - Saturday 19th September</p> <p><i>8 lessons per class</i></p>	<p>Term 4</p> <p>Monday 12th October - Monday 7th December + Saturday 12th December</p> <p><i>8 lessons per class</i> <i>*Public Holiday - see below</i></p>
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Term 2: *Public Holidays: No classes King's Birthday Weekend - Saturday 30th May or Monday 1st June*

Term 4: *Public Holidays: No classes Labour Weekend Saturday 24th October or Monday 26th October*

Specific class dates for all classes can be found on the next page

GYM TRAINING DAYS:

Students in Acro Classes from Level 3 up have the option of attending additional training days once per term. These sessions will be held at a local gymnastics club to use their floors, mats and equipment to assist in the development of tumbling skills. More details to come on this exciting new class option....

Term 1 Gym Day: Sunday 29th March

Term 2 Gym Day: Sunday 28th June

Term 3 Gym Day: Sunday 20th September

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Specific Term Dates For Your Calendar

Term 1

	Monday Classes	Tuesday Classes	Wednesday Classes	Thursday Classes	Saturday Classes
Week 1	9th February	10th February	11th February	12th February	7th February
Week 2	16th february	17th February	18th February	19th February	14th February
Week 3	23rd February	24th February	25th February	26th February	21st February
Week 4	2nd March	3rd March	4th March	5th March	28th February
Week 5	9th March	10th March	11th March	12th March	7th March
Week 6	16th March	17th March	18th March	19th March	14th March
Week 7	23rd March	24th March	25th March	26th March	21st March
Week 8	30th March	31st March	1st April	2nd April	28th March
Studio Events	Gym Day - Level 3 & Up - Sunday 29th March Junior Disco - Date TBC				

Term 2

	Monday Classes	Tuesday Classes	Wednesday Classes	Thursday Classes	Saturday Classes
Week 2	27th April	28th April	29th April	30th April	2nd May
Week 3	4th April	5th May	6th May	7th May	9th May
Week 4	11th April	12th May	13th May	14th May	16th May
Week 5	18th May	19th May	20th May	21st May	23rd May
Week 6	25th May	26th May	27th May	28th May	6th June
Week 7	8th June	2nd June	3rd June	4th June	13th June
Week 8	15th June	9th June	10th June	11th June	20th June
Week 9	22nd June	16th June	17th June	18th June	27th June
Studio Events	Gym Day - Level 3 & Up - Sunday 28th June Workshop Week - Tues 23rd & Weds 25th June Teen Event - Date & Details TBC				

Notes

No Classes King's Birthday Weekend

Term date structure different than usual

Monday 27th April - Monday 22nd June + Saturday 27th June ONLY

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Specific Term Dates For Your Calendar

Term 3

	Monday Classes	Tuesday Classes	Wednesday Classes	Thursday Classes	Saturday Classes
Week 1	27th July	28th July	29th July	30th July	1st August
Week 2	3rd August	4th August	5th August	6th August	8th August
Week 3	10th August	11th August	12th August	13th August	15th August
Week 4	17th August	18th August	19th August	20th August	22nd August
Week 5	24th August	25th August	26th August	27th August	29th August
Week 6	31st August	1st September	2nd September	3rd September	5th September
Week 7	7th September	8th September	9th September	10th September	12th September
Week 8	14th September	15th September	16th September	17th September	19th September
Studio Events	Gym Day - Level 3 & Up - Sunday 20th September				

Term 4

	Monday Classes	tuesday classes	Wednesday Classes	Thursday Classes	Saturday Classes
Week 1	12th October	13th October	14th October	15th October	17th October
Week 2	19th October	20th October	21th October	22nd October	31st October
Week 3	2nd November	27th October	28th October	29th October	7th November
Week 4	9th November	3rd November	4th November	5th November	14th November
Week 5	16th November	10th November	11th November	12th November	21st November
Week 6	23rd November	17th November	18th November	19th November	28th November
Week 7	30th November	24th November	25th November	26th November	5th December
Week 8	7th December	1st December	2nd December	3rd December	12th December
Studio Events	Christmas Party & Prizegiving - Sunday 13th December				

Notes

No Classes Labour Weekend

Term date structure different than usual

Monday 12th October - Monday 7th December + Saturday 12th December ONLY



UNIFORM & MERCH

ACTIVEWEAR

Features:

Breathable, Comfortable, Moisture Wicking Material. Micro-Dri Fabric, 2 Way Stretch, Double Lined.

A range of styles to choose from to ensure that each child feels comfortable and confident in what they wear to class.

To view a wider a range of images, with a wider variety of ages, body shapes and sizes, and to place an order please go to

<https://www.acrowithamy.com/termclasses/uniform>



PINK



SHORTS



Hot Pants



Hot Pants



Bike Shorts



Bike Shorts

RELAXED WEAR



Cream Ribbed Crop



Black Ribbed Crop



Tee



Black Hoodie



Pink Hoodie

We also have a range for our boys! You will find these images in the order form.

The Acro with Amy Uniform is *not compulsory*, but it is highly encouraged as it helps foster a sense of belonging within and outside the studio environment. If you do not wish to wear the available uniform items, please ensure that your student adheres to the below expectations.

Uniform rules must be strictly adhered to to keep dancers and spotters safe.

Clothing: Leotard and shorts or singlet/tight-fitting top and shorts. Shorts/tights **MUST** be worn.

Hair: Must be in a bun or tied up. If your dancer has long hair please avoid ponytails as these will flick spotters in the face during tricks or may be stepped on by others or by themselves when upside down.

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Change of Classes

To ensure your child is in the most appropriate class for their ability level, they may be shuffled around (providing alternative class times fit with their other commitments). Every dancer is working at their own level and there is absolutely no comparison so dancers must be in the class best for them and their current abilities to keep them safe. This decision is the teachers alone as they solely know what is required of students in each class.

Accident Traffic Light System

Although every precaution will be taken to minimise the chances of occurrence, acro comes with increased risks. The below accident traffic light procedure will be followed in case of injury.

Green: Small injuries such as scrapes/grazes/headache etc. If the child is not upset and okay to continue with class then they will do so. First aid is provided if need be. The parent will not be contacted.

Orange: Ankle roll/hurt wrist/upset child etc. The parent will be contacted to check-in. First aid provided.

Red: Suspected fractured bone/serious injury etc. The parent will be called immediately, first aid provided, and an ambulance called if necessary.

Waiver and Video Release Form

Must be signed prior to joining classes. Please click the link below or copy and paste into your browser to quickly and easily sign these forms

<https://form.jotform.com/acrowithamy/acro-with-amy-class-waiver>

Private Lessons

Amy has a very limited number of hours available for private lessons each week.

In either the first or last week of longer school terms when regular classes do not run, private lesson slots will be available for any student to book into. These will be held on usual class days - Mondays, Wednesdays and Saturdays - so that your child may receive one-on-one assistance without the struggle of trying to find time in everyone's busy weekly schedules!

Booking links will be sent out prior to each term so you may book in for one of these sessions.



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Studio

All Classes are held at Evolve Studios, 98 Carlyle Street. For classes in Studio 1, use the Buchan Street entrance. For classes in Studio 6 use the Carlyle Street entrance and go up the stairs

Acro with Amy classes have no affiliation to any one dance studio and are open to dancers from ALL dance schools, gym or cheer clubs etc.



Waiting Area



Main Acro Studio



Evolve studios

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Continuing in 2026... The Student Teacher Training Programme

WHAT IS IT?

This is a programme run throughout the year for Senior AWA students who have an interest in further acro and dance teacher training. Participants will be taught how to teach, spot and correct acro skills, with multiple dedicated teacher training days throughout the year, culminating in an ADTA teaching certification after a year of participation. All Student Teachers will be on a rotating roster in which 2-3 student teachers will assist teachers with weekly classes, allowing participants to put their training to work with other students.

Participants should be able to commit to *at least* 10 weeks of in-class lessons per half year, however, exact dates are flexible around student teachers' other dance, school and family commitments.

WHAT WILL TEACHERS RECEIVE?

As a part of the STTP you will receive:

- Associate Teacher Certification through ADTA.
- In-class teaching experience with various ages and levels.
- Training on how to teach, spot and correct a wide variety of skills from cartwheels and walkovers to aerials and back tucks.
- Training on teaching techniques and styles.
- Opportunities for paid teaching roles.
- Opportunities for assisting or demonstrating in AWA workshops.
- If requested, a written reference at the end of the year, which can be used for future job applications/school roles/scholarship applications etc.

APPLICANT REQUIREMENTS

- Must be age 12 + as of February 7th 2026.
- Must be attending their own weekly acro class.

COMMITMENT

- Approx 2-week in-class rotation (with flexibility around other commitments). Training time options include;
 - Mondays, 3:45pm - 6pm.
 - Tuesdays, 3:30pm - 5pm
 - Wednesdays 3:45pm - 6pm.
 - Thursday, 3:45pm - 7:15pm.
 - Saturdays 10:30am - 2:30pm.
- Approx 5 month commitment. Roughly 2-3 terms of training, with opportunities to stay on for the following terms once certified.
- Attend a dedicated teaching training session to learn how to spot/teach skills.
- Attend any ongoing training sessions.

to apply:

GO TO WWW.ACROWITHAMY/STUDENTTEACHERTRAINING.COM

Email or Message Amy with any queries